

THE PROSPECTOR



Vol. 5 No. 11

Serving the Corps since 1943
Marine Corps Logistics Base Barstow

June 10, 2016

Sgt. Maj. Kretschmer

Multicultural Day

Fire Training



On The Cover:

Front Cover: Carlos Guerra

Congressman Col. Paul Cook (USMC Ret.) administers the oath of office during the frocking ceremony of Sgt. Maj. Edward Kretschmer held aboard Marine Corps Logistics Base Barstow, June 3. Kretschmer and his family are moving to Marine Corps Base Camp Pendleton where he will be assigned to the Dark Horse Regiment-3rd BN, 5th Marines.

Back Cover: Laurie Pearson

Dakota Hainer, son of Gunnery Sgt. James Hainer, cyper network systems chief, operates the firehose under the watchful eye of firefighters with the Marine Corps Logistics Base Fire and Emergency Services Department.



Marine Corps Logistics Base Barstow, California
Colonel Sekou S. Karega, commanding officer
Sgt. Maj. Sergio Martinezruiz, base sergeant major

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Photo by: Carlos Guerra

Lance Cpl. Josue Delmas of Combat Logistics Battalion 7 guides a vehicle onto rail cars aboard Marine Corps Logistics Base Barstow, Calif., June 7. Delmas and other CLB-7 Marines practiced preparing vehicles for rail transportation while wearing full combat gear in the harsh Mojave Desert heat in preparation for future operations.

On the web

Links in this publication are interactive in the online version

Website: <http://www.mclbbarstow.marines.mil>

<http://www.facebook.com/pages/Marine-Corps-Logistics-Base-MCLB-Barstow/116845431679314>

http://www.twitter.com/#!/MCLB_Barstow



WBGTI and Heat Condition Flag Warning System



Green Flag (WBGTI of 80 to 84.9 degrees F): Heavy exercises, for unacclimatized personnel, will be conducted with caution and under constant supervision.



Yellow Flag (WBGTI of 85 to 87.9 degrees F): Strenuous exercises or physical labor will be curtailed for unacclimatized, newly assigned Marine and Civilian Marines in their first 3 weeks. Avoid outdoor classes or work in the sun.



Red Flag (WBGTI of 88 to 89 degrees F): All PT or very strenuous work will be curtailed for those not thoroughly acclimatized by at least 12 weeks. Personnel thoroughly acclimatized may carry on limited activity not to exceed 6 hours per day.



Black Flag (WBGTI of 90 and above degrees F): All strenuous outdoor physical activity that is nonessential to mission accomplishment (including organized and unorganized PT) shall be halted.

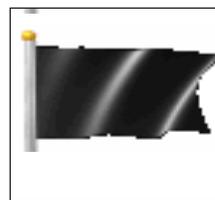
Got news? Call us! (760) 577-6430

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Leave Share Program

Individuals currently affected by medical emergencies and in need of leave donations:

Jacqueline Griffin

Stephan Martin

Paul Aguilar

Jessica Tafoya

Anyone desiring to donate annual leave under the Leave Share Program should contact the Human Resources Office at 577-6915.

NMCRS is

Seeking Volunteers

Navy Marine Corps Relief Society Barstow is seeking volunteers for the following: Chairman of Volunteers to manage volunteer operations; Director and Thrift Store Contributors/Volunteers. The COV position is highly regarded within the society and will contribute greatly towards job training and experience. If you have a passion for retail, the NMCRS Thrift Store is for you! We are seeking people with energy, passion and creativity to help sort, display and market various donations. NMCRS offers mileage and childcare reimbursement. Interested candidates, please email retna.shaw@nmcrs.org or hannah.hick@nmcrs.org.

Oasis Pool

Sat. - Sun.

11 a.m. - 7 p.m.

Come enjoy fun in the sun at the Oasis Pool and Splash Park! Open weekends only until June 14, when we will open full time. For more information visit www.mccsbarstow.com/pool/.

Outside	Inside	Time to reach
75	100	10 minutes
75	120	30 minutes
85	90	5 minutes
85	100	7-10 minutes
85	120	30 minutes
100	140	15 minutes

Prevent Child Abuse Indiana pcain.org

Play Morning

Every Fri 9 a.m.

Desert View Comm Ctr

Play morning has officially been moved back to 9 am. Come join in the fun! All active duty service members and their dependents with children are invited to come enjoy singing, stories, crafts and play-time. Make new friends and learn something new each week. For more information contact New Parent Support at 577-6533 or visit www.mccsbarstow.com/nps/.

Sugar Loaf Social

June 17

4 p.m. - 10 p.m.

Come join your co-workers and bring a friend to the Sugar Loaf Social for drinks, music, camaraderie and fun.

Screens and Strikes

Family Movie Night

Desert Lanes Bowling Center

Fri. June 10, 5 p.m.

Bowling and a movie! What a bargain! We will be watching the movie "Max." For more information call 577-6264 or visit www.mccsbarstow.com/bowling/.

Summer Camp

May 30 through Aug. 8

SAC Bldg 64

Some camp activities include trips to the library, pool, bowling center, and planned field trips. To request care first visit militarychildcare.com. Once your request is completed online then see Stacey Korves for the rest of the registration packet which consists of emergency contact information, medical records to include vaccination details, and so forth. For more information call 577-6287.

Energy Tips

If every household in the United States raised air conditioning temperatures 6 degrees, we'd save the equivalent of 190,000 barrels of oil every day.

Did you know each degree you raise the thermostat above 78 degrees Fahrenheit on your air conditioner you save roughly 7 to 8 percent on your electric cooling costs.

Multicultural Day Celebration

Photos by:
Carlos Guerra



Katherine Whitecloud guides the Marines and civilian Marines of MCLB in a Native American dance honoring military service members and veterans.



Hutchins Inge, Tuskegee Airman, poses for a portrait with Col. Sekou Karega, commanding officer of MCLB, at the Multicultural Day Celebration.



Fireman, David Pacileo, of the MCLB Barstow Fire Department demonstrates the quick donning of fire gear in under two minutes for the guests and participants of the Multicultural Day Celebration.



Performers from the Career Leadership Institute Connection perform a choreographed Pacific Islander dance.

Congratulations and farewell to Sgt

Story by:
Laurie Pearson
Public Affairs Specialist

Photos by:
Carlos Guerra
ComCam Chief



Sergeant Maj. Edward Kretschmer, former Headquarters Battalion First Sgt. aboard Marine Corps Logistics Base Barstow, stands at attention while his sons pin on his new rank insignia, June 3.



Sergeant Maj. Edward Kretschmer, former Headquarters Battalion 1stSgt aboard Marine Corps Logistics Base Barstow, poses for a portrait at the MCLB Mounted Color Guard Stables with his family and Marine Corps Mounted Color Guard mustangs, June 6.

Tyler and Ryan Kretschmer had the honor of placing the sergeant major insignia on their newly promoted father, Edward Kretschmer during a promotion ceremony aboard Marine Corps Logistics Base Barstow, Calif., June 3.

During his more than 23 years of service in the Marine Corps Kretschmer has been stationed at Marine Corps bases Camp Pendleton and Camp Lejeune, as well as Marine Corps Recruit Depot San Diego, MCLB Barstow, and Okinawa. He has also served on tours in Afghanistan and Iraq. Of the places he has served, Kretschmer and his wife of over 20 years, Julia, agree that Okinawa is their favorite.

"We got to go 60 feet underwater every Saturday morning," said Julia.

Sergeant Major echoed his appreciation of the scuba diving available in Okinawa but also pointed out that they had a great deal of family time, which is not always the case on assignments, and the weather was always perfect.

The transition from tropical paradise to the desert was a shock, Julia said. However, they grew to appreciate several aspects of life aboard MCLB Barstow.

"The 'Dude in Cammies' is home almost every night for dinner," she said. "I actually knew AND saw where he worked! I think I've only been to maybe three of his billion offices he has worked at!"

She also pointed out the pretty colors of the



Sergeant Maj. Edward Kretschmer's wife of over 20 years, at the ceremony.

Sgt. Maj. Kretschmer

desert, such as the “beautiful blue skies with perfectly placed fluffy, blindingly white clouds” and “the beyond amazing sunsets.”

Both agreed, also, that his service with the Marine Corps’ last remaining Mounted Color Guard was a highlight of his career.

“Sonny, Aires, Dean, Norman, Reno, and my VERY favorite Ford,” Julia said, “all left with my tears in their manes. And I will cry again when I hug Cho, Rookie, John, and Ol’ Yeller goodbye!”



Kretschmer, then serving as the First Sergeant of the Mounted Color Guard at Marine Corps Base Barstow, serenades the Marine Corps Ball, Nov. 21.

of Third Battalion, Fifth Marine Regiment, otherwise known as Dark Horse. When asked what they’re looking forward to about their new command, Julia pointed out how nice it will be to have an ocean nearby again, and to not have to drive forever to get anywhere.

“Deploying,” was his response. “Because it’s what Marines do!”

Julia offered these pearls of wisdom to young Marines and their families:

“Remember that a duty station is not forever and that the Marine Corps is small,” she said.

“There is a good chance you will run into (people) again.”



With two of their four children still living at home, the couple made it clear that moving to new duty stations was just a part of life. As soon as they arrive at a duty station, they know approximately when they will leave, and they begin immediately discussing that, as a family. Once they have orders, they start looking at the general location of the new orders. They research information online about schools, weather, and things to do in the local area.

Kretschmer and his family are returning to Camp Pendleton this week where he has been assigned as the sergeant major



Congressman Col. Paul Cook (Ret.) and Sgt. Maj. Edward Kretschmer pause for a portrait after the Sgt. Maj.’s frocking ceremony held aboard Marine Corps Logistics Base Barstow, June 3.



Marine Corps Mounted Color Guard mustangs demonstrate how to pose properly for portraits with the Kretschmer family at the MCG stables aboard Marine Corps Logistics Base Barstow’s Yermo Annex, June 6. The family embraces the humor in life’s challenges, as always.

Colonel participates in K-9 training



Photo by: Carlos Guerra

Col. Sekou S. Karega, commanding officer, participates in K-9 training activities during a tour at the Marine Corps Police Department K-9 facility aboard Marine Corps Logistics Base Barstow, Calif., June 9. The bite suit protects him from the powerful bite of K-9 Ricsi.

CLB-7 trains for summer heat



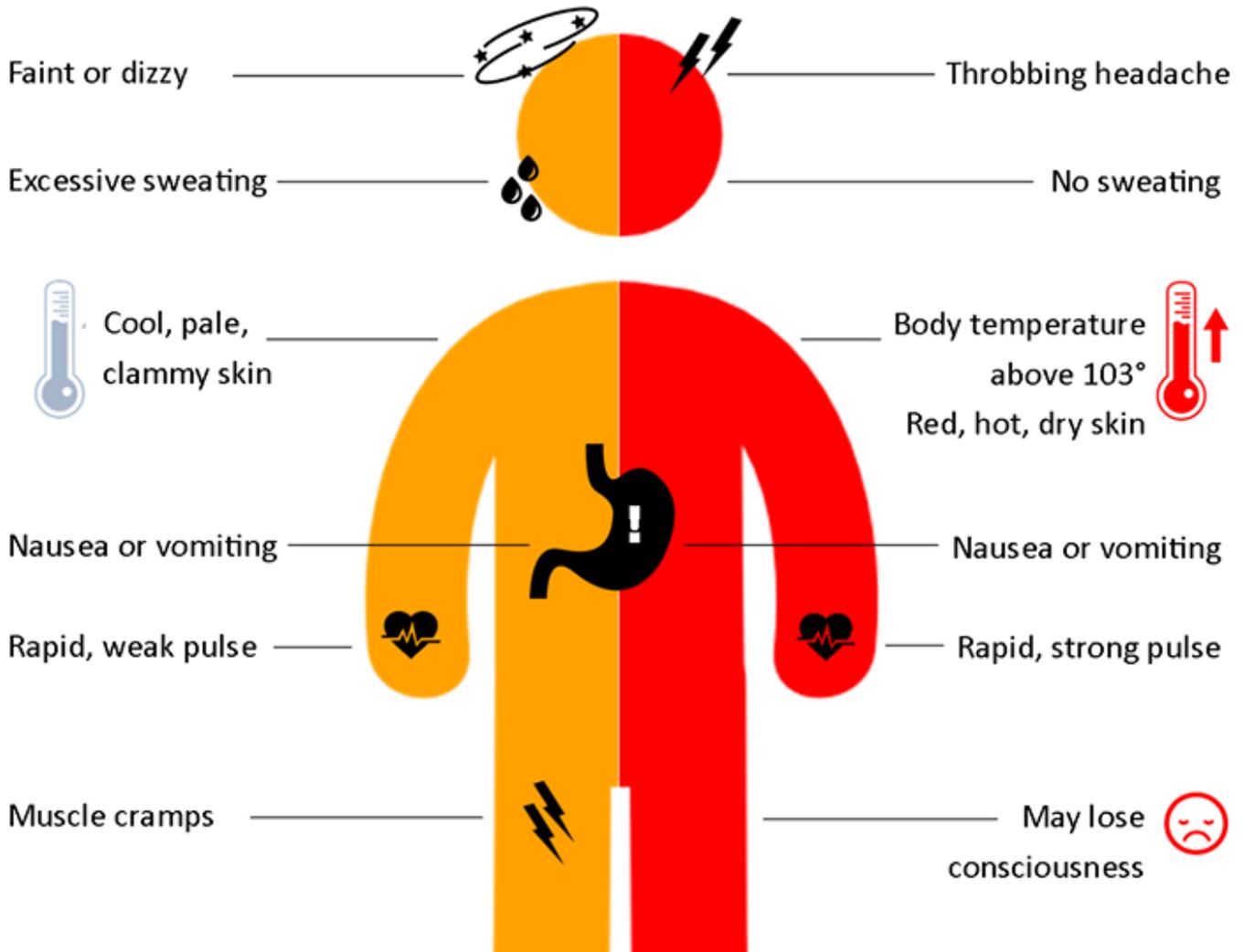
Photo by: Carlos Guerra

Private First Class Andrew Eckhardt of Combat Logistics Battalion 7, June 6. Eckhardt and other CLB-7 Marines practiced preparing vehicles for rail transportation while wearing full combat gear in the harsh Mojave Desert heat in preparation for future operations.

HEAT EXHAUSTION

OR

HEAT STROKE



- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Take immediate action to cool the person until help arrives

mjflynn

Tabletop town gives firefighters tactical training

Photos by:
Keith Hayes
Public Affairs Specialist



The minaturized old-fashioned movie theater, with the old style free hanging marquee in front, is used as a training aid for firefighters because of the particular threat the marquee itself represents. Jesse Quinalty, a trainer with Red Helmet Training in Rancho Cucamonga, Calif., said "(The marquee is) a hazard. Anytime the metal of that marquee is exposed to heat the metal is elongated and susceptible to sudden collapse," Quinalty said.



Jesse Quinalty prepares a mock building for his next training session with the Marine Corps Fire Department aboard Marine Corps Logistics Base Barstow by applying gray, white and orange-tinted cotton representing flames and smoke. His 10-year-old son, Riley, aids in the setup process.



The mock town constructed at Marine Corps Fire Department headquarters aboard Marine Corps Logistics Base Barstow is detailed, includes popular name brand stores and scenes found in any city or town likely to be

encountered by fire personnel, explained Jesse Quinalty, trainer with Red Helmet Fire Training, Rancho Cucamonga, Calif. Red Helmet provides similar training scenarios all over the U.S. to fire and emergency service personnel.

Protect against mosquito-borne diseases

Submitted by: California Department of Public Health

Photo courtesy: CDC/James Gathany

Summertime is historically the season in the High Desert and California when mosquito populations increase and with it the chance of contracting a mosquito-borne disease.

Doctor Karen Smith, the director of California Department of Public Health (CDPH), said to reduce the chances of getting a mosquito-borne disease she advises citizens to wear long sleeve shirts and long pants when outside, remove standing water where mosquitoes can breed and use an approved mosquito repellent to avoid contracting vector-borne diseases.

She also advises that citizens should avoid traveling to countries with known Zika virus outbreaks.

The mosquito that carries Zika virus is not native to the United States but has been found in San Bernardino County and at least 11 other

California counties.

The presence of the mosquito does not necessarily mean it is carrying the virus because it has to bite someone who has the Zika virus in their bloodstream to pass it on to another human being.

The Centers for Disease

control and Prevention notes conjunctivitis (“pink eye”), muscle pain, and headache.

Smith said there is a possible association between Zika and microcephaly (abnormally small head and brain) in newborns. It is suspected that women who get infected with Zika virus may pass the virus to the developing fetus if they are pregnant. However, there

are many causes of microcephaly in babies, and whether Zika virus infection causes microcephaly has not been confirmed.

As of last month, there have been at least 20 reported cases of people infected with Zika virus in California including San Bernardino, Alameda, Fresno, Imperial, Kern, Los Angeles,

Madera, Orange, Riverside, San Diego, San Mateo, and Tulare counties.

Smith said there is currently no vaccine to prevent Zika, but the symptoms can be treated as you would any influenza.



Courtesy CDC/James Gathany

The Aedes Aegypti mosquito is one of two found in tropical climate countries which is capable of carrying the Zika virus. It is not native to the United States but has been found in 12 of California's 58 counties. The mosquitoes are transported into this country by visitors and residents.

Control and Prevention notes Zika is not transmittable through the air but via blood, mother to child, and sexual contact.

The Zika virus itself causes flu-like symptoms similar to other influenzas including fever, rash, joint pain,

MCLB Fire and

