



PRO THE SPECTOR

Vol. 4 No. 10

Serving the Marine Corps in the
Marine Corps Logistics Base Barstow, CA

May 29, 2015

TRX Training

Cpl. Rodriguez Receives NAM

PPB Employee Saves Child's Life



On The Cover:

Front photo by: Cpl. Norman Eckles

Cpl. Tanner Ludeker, adjutant clerk with Headquarters Battalion on Marine Corps Logistics Base Barstow, Calif., plays "Taps" to honor fallen service members during a memorial service at Mountain View Memorial Park, Barstow, Calif., May 25. The MCLB Barstow Walking Color Guard presented the colors.

Back photo by: Carlos Guerra

Gunnery Sgt. Russell Garcia, standing, data communications staff noncommissioned officer aboard Marine Corps Logistics Base Barstow, Calif., and Gunnery Sgt. Dimyas Perdue, staff noncommissioned officer at the SNCO Academy in Hawaii, lift free-weights at the base gym on May 27. Both Marines have successfully competed in professional body competitions nationwide.



Marine Corps Logistics Base Barstow, California
Colonel Michael L. Scalise, Commanding Officer
Sgt. Maj. Karl D. Simburger, Base Sergeant Major

Public Affairs Staff

Public Affairs Officer: Rob L. Jackson
Press Chief: Cpl. Samuel Ranney
Public Affairs Specialist: Laurie Pearson
Mass Communications Specialist: Cpl. Norman Eckles
Public Affairs Specialist: Keith Hayes
Editorial Assistant: Cindy McIntyre

The editorial content of this magazine is prepared, edited and provided by the Public Affairs Office of Marine Corps Logistics Base Barstow, California. Mailing address: Commanding Officer, Attn: Public Affairs, Box 110130, Barstow, CA 92311-5050. The Public Affairs Office is located in Building 204. Phones: (760) 577-6430, 577-6450, 577-6451, FAX 577-6350, DSN prefix 282.

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LUNCH *on the* GREEN

FRIDAYS IN JUNE | 11AM - 12:30PM

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**COMBOS ARE \$5
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Photo by: Laurie Pearson

Shelley Lamey, director of Semper Fit gym, teaches law enforcement officers from Marine Corps Police Department about fitness and nutrition aboard Marine Corps Logistics Base Barstow, Calif., May 26. The training helps ensure that officers meet and maintain fitness standards.

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News Briefs

Leave Share Program

Individuals currently affected by medical emergencies and in need of leave donations:

William Anslow
Wanetta Blackwell
Tulutulu Niusulu
William Oppermann
John Ordonez-Ramirez

Anyone desiring to donate annual leave under the Leave Share Program should contact the Human Resources Office at 577-6915.

Spouse Social June 9 - 9:30 a.m.

Meet other spouses and learn about local school options, special education, school transportation, and transitional kindergarten from the School Liaison Program Manager. Held in the Hobby Shop Multipurpose Room.

For information: 577-6675/6408

Read to the Rhythm Kick-off Party June 10 - 10 a.m.

Music, movement and books are a natural fit. Kick off the most fun program of the summer at the Library, Building 17.

For information: 577-6395

Chaplain's Workshop June 16 - 6:15 p.m.

Attend the Chaplain's workshop "Managing Change: Strategies for Staying Sane in an Ever-Changing Environment." Bring a favorite dish for the potluck at the Desert View Housing Community Center.

For information: 577-6675/6408

Marital Counseling June 15 - 8:30 a.m.

A Marital Counseling Seminar will be presented in the Hobby Shop Multipurpose Room by Marshall Jung, D.S.W., author of "Hope, One Man's Journey From Tormented Child to Social Worker to Spiritual Director." Jung has 40 years of social work experience and is recognized as an expert in marital and family therapy. The seminar will include marital/couples therapy techniques. Register at maritalcounseling.eventbrite.com.

For information: 577-6533

Wellness Series June 17 - 9 a.m.

The Wellness Series emphasizes knowledge, attitudes and practices relating to personal health and wellness. June's topic is a resume workshop, held at the Maj. Gen. James L. Day Conference Center. To register: wellnessjune2015.eventbrite.com.

For information: 577-6533

Story Time & Craft June 17 - 10 a.m.

Discover amazing and fascinating sea creatures while reading "A Hole at the Bottom of the Sea" at the Library in Building 17. Make sea creature crafts, and collect points for the Summer Reading Program.

For information: 577-6395

Story Time & Craft with Play Morning June 19 - 10 a.m.

Make a surprise craft for Father's Day while reading "Oh, Daddy" and "Warning Do Not Open This Book," at the Library, Building 17.

For information: 577-6395

Passport to Volunteering June 18 - 11 a.m.

Marine Corps Family Teambuilding is offering training for those who would like to volunteer for Marine Corps programs and activities. Participants will be exposed to the fulfilling part of volunteering and the necessary skills needed to ensure their volunteer experience is positive and worthwhile.

For information: 577-6675/6408

Cooking Class June 22 - 9:00 a.m.

Learn basic kitchen skills, teach each other tips and techniques, and have fun cooking healthy meatless meals. This beginning/intermediate class will be held at the Family Services Conference Room.

For information: 577-6675/6408

Story Time & Craft June 24 - 10 a.m.

Create a star craft and read "This Little Light Of Mine" at the Library, Bldg. 17. Earn points for the Summer Reading Program, too.

For information: 577-6395

Nurse Advice Line

TRICARE's Nurse Advice Line provides professional information 24 hours a day, with access to a team of registered nurses, health care advice, referrals for urgent care, or help with making appointments.

Nurse Advice Line: 1-800-TRICARE

Tutoring Center

Would you like to be a tutor? Does your child need a tutor? The School Liaison Program is offering a K-12 Tutoring Center in Bldg. 126.

For information: 577-5854

Firefighters take fitness to new heights with TRX training

Story by:
Laurie Pearson
 Public Affairs Specialist

Fire personnel aboard Marine Corps Logistics Base Barstow, Calif., engage in various types of workouts, but lately, they have taken “hanging out at the gym” to a whole new level with TRX suspension training.

“Fitness has been a part of my life since I was 15 or so, when I started football,” said Martin Yslas, fire fighter, emergency medical technician and the head fitness coordinator for the fire department. Yslas, a certified personal trainer through American College of Sports Medicine, has also earned certifications to train in specific types of fitness genres to include Cross Fit, High Intensity Interval Training, as well as TRX suspension and rip cord training. Yslas is a proponent of varying workouts to ensure the body never grows complacent with fitness.

“I’m a true believer in HIIT, because you can start at many different levels,” said Yslas. “I’ve written programs based on that itself, from beginning to advanced. (HIIT is) a lot of rest periods, body weight movements, spiking the heart rate, bringing it back to rest, spiking it and bringing it back to rest (again). (HIIT) gives you a better overall workout and performance than normal (bodybuilding).”

“I like to do the intensity intervals because that’s how it is when we’re on calls,” said Yslas. “We have to rush in, our adrenalin is pumping and we have to give everything we’ve got for as long as we can, in certain instances.

“We need really short periods of rest,” Yslas explained. “We need that recovery to happen quickly so we’re able to work in an instant.”

This type of interval workout allows for improved circulation and breathing, as well as faster rest and recovery, explained Yslas. He includes TRX suspension bands as a part of this interval training because of the innate flexibility. With TRX, he is able to customize workouts to mimic movements that fire personnel might actually have to do on the job. The suspension bands have different levels of resistance and can simulate swinging an axe, or swinging a pipe-pole through a ceiling. These movements are unorthodox with normal training said Yslas.

“(You) can do pretty much anything imaginable on (TRX),” Yslas said. “It’s perfect for rehab, strength training and muscle endurance.”

A member of the U.S. Navy’s Sea, Air, Land (SEAL teams) developed the suspension straps to train in confined spaces such as on a ship, explained Shelley Lamey, director of Semper Fit gym on MCLB Barstow. The system uses an individual’s own body weight and allows users to execute a lot of different types of exercises.

Lamey encourages people to try TRX as part of a total training program that includes muscle strengthening, circuit training, as well as proper nutrition.



Photo by: Carlos Guerra

David Pacileo, firefighter with the Marine Corps Logistics Base Barstow, Calif., Fire and Emergency Services Division, uses the TRX suspension system while exercising, May 26. Pacileo and fellow firefighters aboard the installation use the system for improved strength training and flexibility.

Yslas agrees and uses TRX as part of his over-all program to assist fire personnel in getting into and then staying in performance shape. In addition to offering advice to others regarding fitness, Yslas develops courses on nutrition and even sleep as a part of this whole-body approach. Whether using TRX or other forms of fitness, Yslas emphasizes the importance of basic body mechanics. 🍌

This is the third article in a series of four focusing on fitness.

Yslas’ tips:

- **Use correct form - focus on proper body mechanics to reduce injuries.**
- **Ease into a new workout regimen.**
- **Get proper rest, to include catnaps, allowing yourself to wake up naturally.**
- **Hydrate!**

PPB employee saves 4-year-old boy from dog attack

Story and photo by:

Betty Jackson

Program Analyst, Operations Division, MDMC, PPB

Many of us might wonder how we would react if a stranger was being attacked. Do we intervene? Do we put ourselves in danger if it means saving a life?

Jeff Houlemard, an employee at Marine Depot Maintenance Command, Production Plant Barstow, Marine Corps Logistics Base Barstow, Calif., did not stop to consider the answers when confronted with that very situation on Feb. 8, 2015. He just acted.

If he had gone to his parents' house after church as he had planned, a little boy might be dead. Instead, he went to his Hesperia home, and when his son Logan ran into the house yelling "Call 9-1-1! Dad come help! Dad please help!" Houlemard ran outside.

A child was screaming, and a neighbor said a dog was attacking a child. Houlemard looked at the 8-foot fence and knew it was too high to jump, so he butted it with his shoulder. The fence went down and so did Jeff; he immediately jumped up and saw the dog with the boy's leg in his mouth. He didn't hesitate. He kicked the dog, then jumped on top of him. Finally he grabbed the dog's jaws and forced it to let go.

Logan and his friend pulled the 4-year-old boy to safety. Houlemard kept the dog in a choke hold until the child's father, a Rialto police K-9 handler, controlled the dog and put him in the kennel. While others attended to the child, Houlemard stabilized the boy's leg until the paramedics arrived. The child is recovering well, but his leg had to be amputated just above the ankle.

The dog, named Jango, had been working with the boy's father for about two years. It is not known why Jango, a Belgian Malinois, attacked. The dog was separated from the family and returned to the police force. Houlemard continues to go to therapy for his injured shoulder. When asked, he says he would do it again.

Houlemard, a communications and electronics artisan at PPB, is so grateful to everyone who tried to make a difference and the quick actions of all involved. He said that he just acted as a father, and added, "Hopefully we all have people around us who will act first and think about the consequences later."

This is not Houlemard's first heroic act. Last summer while on vacation in Big Bear Lake, Calif., he and his family rented a pontoon boat. When a nearby boat suddenly exploded, Houlemard swam to the boat where a woman was still aboard. He calmed her down and convinced her to jump into the water where he swam with her to the dock 50 yards away. Others on shore helped them both out.



Jeff Houlemard, communications and electronics artisan at Production Plant Barstow, was a high school wrestler in Covina, Calif. After he graduated he became an Air Crew Rescue Swimmer for the Navy and was stationed at North Island Air Station, San Diego. Before coming to Barstow he worked on flight simulators, the H60 Sea Hawk, and the S3 Viking. He began working at Barstow in 2006 as a contractor, but soon became a DoD employee at Production Plant Barstow.

Houlemard believes that most people would do the same thing if the circumstances warranted it. He believes helping others in need is a responsibility and a duty. He does not consider himself a hero.

Some might disagree with the "not a hero" part. Although he put himself at risk, as a father and a human being, it seemed like the most natural thing to do. He said he just thought about his own children and did what needed to be done.

A little boy and his family are very glad that he did.



MCLB Barstow Marine receives recognition

Story by:

Cpl. Norman Eckles

Mass Communications Specialist

For most Marines, living in the barracks can be trying at times because the rooms are overcrowded, furnishings are often in need of repair, and there are few entertainment choices.

However, one Marine took it upon himself to change what he could. He made sure that when things broke or went missing, they were fixed or replaced in a timely manner. For that initiative, Cpl. Steve A. Rodriguez, barracks manger, bachelor housing manager, and supply clerk with Headquarters Battalion on Marine Corps Logistics Base Barstow, Calif., was awarded a Navy and Marine Corps Achievement Medal April 17.

While attending a Bachelor Housing meeting in Quantico, Va., Rodriguez was stunned when he was presented the award.

“Corporal Rodriguez distinguished himself by facilitating the high accuracy of occupancy data across the Marine Corps utilizing an often complex property management system,” said Maj. Gen. Juan G. Ayala, Assistant Deputy Commandant, Installations and Logistics (Facilities), Marine Corps Installations Command, Headquarters Marine Corps, Washington, D.C. “His tenacious approach to balance policy with common sense resulted in an increased quality of life standard for the Marines he supported. As one of the most junior bachelor housing managers within the Enterprise, Rodriguez consistently responded to Headquarters Marine Corps data calls and tasks with accurate and timely information expediting decisions at the HQMC level.”

Rodriguez felt he was just doing what Marines are supposed to do: improvise, adapt, and overcome. “I was very surprised when I got it. I was shocked because I was

only doing what needed to be done. I feel that I’ve accomplished something and keep pushing forward. Also, it’s nice to know someone took notice in all the hard work that goes into bachelor housing.”

When he first took over the barracks program on MCLB Barstow, he saw immediately where efficiency could be improved, Rodriguez explained. Also, the



Photo by: Carlos Guerra

accuracy of reports to HQMC also needed improvement.

“In the EMH system, there is data that can be used for Headquarters Marine Corps to determine a couple of things,” said the Rialto, Calif., native. “Such as the barracks being overcrowded, what units are living in the barracks, etc. When I took over, Headquarters Marine Corps wasn’t getting our barracks’ correct information. So, I had to reconfigure our numbers and make sure they were getting what was needed.”

However, getting to this point in the barracks manager’s program was not an easy task, emphasized Master Sgt. Roydrick Jackson, MCLB Barstow’s base supply chief and barracks staff noncommissioned officer in charge of the barracks.

“The program has improved a lot,” he said. “After spending good consistent time with the program he really got a good grasp of how to do the job. He worked really hard to update the system and make sure we have full accuracy.”

What made the difference in Rodriguez’s success was his ability to focus and spend the time on his duties as the barracks manager, explained Jackson.

“On multiple inspections he was the only one not to get a hit on his program,” Jackson said. “The same inspector asked Rodriguez if he could use his program as the base model for other bases to emulate.”

His hard work ethic and devotion to his job gave Marines in the barracks something to look forward to when they got “home.”

“When I get off work and come to the barracks, I don’t have to worry about anything,” said Pfc. Jacob Williams, administrative clerk with HQBN on MCLB Barstow. “Since I’ve been here, Cpl. Rodriguez has always made sure if

something is broken, he will fix it in a timely manner. Also, he makes sure that we always have what we need to live comfortably.”

Since receiving his NAM, Rodriguez aims to step up his barracks program to reach 100 percent accuracy in the information he relays to HQMC daily.

Jackson feels that this achievement will help Rodriguez go far in whatever career he chooses, whether in government service or in private enterprise.



A celebration of heritage and diversity

Story and photos by:
Cindy McIntyre
Editorial Assistant

Many cultures elicit both romantic and negative stereotypes for those of another ethnicity, and so it has been with those of Asian descent. The Chinese built the nation's railroads, but were ostracized and then prevented from immigrating by the Chinese Exclusion Act of 1882. Japanese served in the U.S. Army in World War II while their families were imprisoned in relocation camps. Pacific Islanders fought to save their rich cultures when their countries were colonized by Americans and Europeans. And Vietnamese and other Southeast Asians were forced to flee to the U.S. when the North Vietnamese captured Saigon in 1975.

For around a half million Asian immigrants between 1910 and 1930, their first stop (and sometimes their last before being turned away) was at Angel Island Immigration Station in San Francisco Bay. Known as the "Ellis Island of the West," Angel Island is now a California state park.

After the Japanese attacked Pearl Harbor, Hawaii on Dec. 7, 1941, nearly 120,000 Japanese and Japanese Americans were forced into 10 relocation centers, including two in California. The Manzanar National Historic Site, located at the base of the Sierra Nevadas near Lone Pine, Calif., is the best preserved of these camps.

Asian Americans and Pacific Islanders are now part of the diverse American landscape, and their culture and contributions

are honored each May with what is now called Asian American and Pacific Islander Heritage Month.

From President Barack Obama's recent proclamation honoring this commemoration: "During Asian American and Pacific Islander (AAPI) Heritage Month, we honor the perseverance of those who courageously reached for their hopes and dreams in a new land, and we celebrate the important impact the AAPI community has made on our Nation's progress ... But as we recognize the enormous progress America has made, we must also acknowledge the many struggles AAPIs continue to experience in the face of persistent inequality and bigotry, including barriers to equal access to education, employment, and health care."

As stated on the White House website, the Asian American and Pacific Islander community is the fastest growing racial group in the country, and is expected to double to around 47 million by 2060. The nearly 17 million AAPIs in the United States comprise more than 5 percent of the population, and represent more than 30 countries and ethnic groups speaking more than 100 different languages.

When the heritage month was authorized in 1978, the month of May was chosen because it commemorates the immigration of the first Japanese to America on May 7, 1843, as well as the completion of the mostly Chinese-built transcontinental railroad on May 10, 1869. 🌸

For more information:

<http://asianpacificheritage.gov>

White House: www.whitehouse.gov/aapi



Phuoc Frisbie, Vietnamese, financial management analyst

"We celebrate the Lunar New Year. The adults give the children red envelopes with money to bestow luck. I still do this with my two children. When I was a teenager I was part of the Dragon Dance Club. It was mostly for boys, but when I was 13 I decided I wanted to play as well. I was good at drums, cymbals and the tambourine, and I got to light the fireworks."



Cpl. Jonathon Norita, supply clerk, Chamorro-Samoan

"In the Chamorro tradition we respect the elders when we take their hand and put it on our foreheads as a greeting." Norita will leave soon for his new duty station in Hawaii as an artilleryman. He says he celebrates Western holidays such as Christmas, but still likes some of the traditional food such as red rice and barbeque chicken.



Amy Mandap, Filipino, MCCA lead accounting technician

"We used to celebrate on base every year. We wore our native attire and did our cultural dances. We had a speaker, and traditional food. I used to teach folk dances. One of them was called 'tinikling' done with bamboo sticks. We would get people from the audience to try it." They had to keep from getting their feet caught in the moving sticks. "We brought lumpia (egg rolls), chicken adobo, and pancit (noodle dish)."



Marquis Garduno, MCCA MIS Coordinator Okinawan, Spanish, Italian

"The women in my mom's family wore a full kimono for Okinawan festivals. My Kaachan (mommy) speaks both Japanese and hogen, an almost-forgotten traditional language. Okinawa is now a prefecture of Japan. When Mom makes miso soup it brings us all together, me and my two sisters. We have a family meal. She does this maybe every other month."



SALTON SEA - LAND OF THE WEIRD

Story and photo by:

Cindy McIntyre
Editorial Assistant

For a "sea" that isn't one, and isn't really supposed to exist, the Salton Sea south of Palm Springs, Calif., has gathered about itself an interesting cornucopia of weirdness.

There are the decaying fish for one. For two, a psychedelic "mountain" built as a tribute to spiritual salvation. Add in a squatter community of artists, oddballs and ne'er-do-wells; a smattering of owls; a banana collection; some hot springs; and burbling mudpots; and you have tales worth telling.

The Salton Sea is really an inland lake formed by accident in 1905 when the canal built to divert the Colorado River to irrigate farm fields burst during a flood. The river flowed into the dry basin created by an ancient lake for 18 months before the breach was fixed. Fed by springs and rainfall, the lake hangs on. However, it loses more than it gains. The dry desert winds suck off the moisture and increase salinity, leading to periodic fish and bird kills. This degradation also led to the death of a resort industry that blossomed on its shores in the 1940s and 50s, leaving behind skeletons of its former glory.

However, for those who love weirdness, the Salton Sea is a magnet. The Salton Sea State Recreation Area on the east shore has some very nice beaches and campsites, and is a destination for birders, along with the Sonny Bono Salton Sea National Wildlife Refuge. It is the latter where burrowing owls can be seen standing outside their burrows along ditches or in fields.

Near the refuge is a curious little area that is officially off-limits: The Davis-Schrimpf Seep Field. An underground heat source causes ever-changing gray cones to be formed by hot mudpots that bloop and blurb like in a miniature Yellowstone.

The North Shore portion of the recreation area is first encountered south on State Route 111 from Mecca. Farther down the road is the International Banana Museum, which is easy to miss. It bills itself as "the most aPEELing destination on the planet," with more than 20,000 banana-related trinkets and gewgaws. You can get banana milkshakes there, and the oddities in the museum are definitely worth a look-see, such as the rotten banana mounted on a frame and the Reese's Peanut Butter and Banana Creme candy with Elvis on the wrapper.

Backtrack on Highway 111 just north of Mecca to get date shakes and sample many varieties of delicious dates at the Oasis Date Gardens. Date palm orchards, as well as irrigated farmlands

growing artichokes and sugar beets, among other crops, offer an intriguing look into how supermarket food looks while it is still on the stalk.

Bombay Beach is sometimes called a ghost town, even though it is definitely inhabited. This little lakefront community has been flooded so often it now has a levee blocking its view of the shore, with Hurricane Katrina-style devastation still standing across from it. For those who love ruins and street art of any sort, it's a photographer's paradise.

The small town of Niland is where the best funkiness happens. Taking Main Street east of downtown to Beal Road brings you first to Salvation Mountain. Built by the late folk artist and visionary Leonard Knight to bring glory to God, this giant walkable sculpture has been a work-in-progress for at least three decades. Even non-believers can appreciate the spiritual passion and buckets of paint that went into the flowers, birds, and Bible verses that decorate nearly every square inch of the mountain, as well as the rusted trucks and station wagons on the property.

Continue down the road a little ways to Slab City, known as "the Slabs." Formerly Camp Dunlap Marine Training Facility, the land attracted squatters when the base was deactivated in 1946. Even though the land

officially belongs to the state of California, the Slabs continue to draw folks who live off the grid, some for the winter, some year-round. There are various communities within the Slabs, such as East Jesus and West Satan. Some even have Facebook pages.

East Jesus is an art colony that welcomes visitors and even gives guided tours among the art cars and sculptures, all cleverly made of items that would be politely termed "junk." There is a giant fork in the road (as in a giant wooden fork) at the intersection to West Satan.

A more sedate community at Bashford Hot Mineral Spa is a mobile home and RV park. The hot springs come out at 150 degrees, but are cooled enough for bathers to soak comfortably in the six outdoor cement tubs. There is a fee for non-residents to use them. When done, just pull the plug, hose out the tub, and put the plug back in for the next person.

A museum in Mecca has exhibits about the Salton Sea, and if one pokes around this strange land there is likely to be more weirdness to be found. After all, it straddles the San Andreas Fault, and rivals Death Valley for being more than 200 feet below sea level. Don't forget the clothespin for your nose. Just in case of dead fish. 🐟

For more information: <http://saltonseamuseum.org>



Part of the collection at the International Banana Museum features toys, figurines, and framed bananas. The rotten one is above the lamp.

AROUND THE CORPS

A look at the Marine Corps outside of Barstow

May 21, 2015. BABADAG TRAINING AREA, Romania - U.S. Marines with Black Sea Rotational Force fire a FGM-148 Javelin at Babadag Training Area, Romania, May 19. U.S. Marines, Romanian and Bulgarian service members trained in the use of anti-armor weapon systems on the opening day of Platinum Eagle 15.

Photo by: Staff Sgt. Jessica Smith



May 22, 2015. At Sea - U.S. Marines Pfc. Leonel Arellano, right, and Lance Cpl. Jonathon Workman man their position during small-craft action team rehearsals aboard the USS Rushmore (LSD 47) at sea in the Pacific Ocean, May 16, 2015. Arellano is a machine gunner, and Workman is a team leader with Kilo Company, Battalion Landing Team 3rd Battalion, 1st Marine Regiment, 15th Marine Expeditionary Unit. SCAT drills prepare Marines with the 15th MEU for potential threats they may encounter while deployed.

Photo by: Sgt. Emmanuel Ramos

May 19, 2015. Camp Pendleton, California - U.S. Marines with the 15th Marine Expeditionary Unit's Maritime Raid Force security element fast rope out of a CH-53E Super Stallion aboard Marine Corps Base Hawaii, May 12, 2015. Fast roping gives the MRF the ability to rapidly insert combat forces onto an objective.

Photo By: Cpl. Anna Albrecht



VETERANS' ID CARD OFFERS PERKS



Photos by: Keith Hayes

Joseph Moseley, Veterans' Services Aide, San Bernardino County Department of Veterans Affairs, polishes off the last of the Veterans Identification Cards offered at the Barstow Senior Citizens Center, Barstow, Calif., May 27. Betty Quiroz, an Air Force veteran and administrative assistant to the director at MCLB Barstow Marine Corps Community Services, gets her picture taken for her card, which allows veterans to receive discounts from certain county businesses. A 15-year MCCA employee, Quiroz is from Prestonsburg, Ky. The card can also be obtained at the Hesperia office of the SBCO Department of Veterans Affairs during regular office hours.

MilitaryChildCare.com helps parents

The Department of Defense announced the creation of a new website for military families seeking child care. MilitaryChildCare.com, provides access to military-operated and military-subsidized child care options for service members and DoD civilians worldwide.

The website will enable a customized search for services and comprehensive information on child care programs worldwide. It will also allow users to request care and monitor their status while they wait for an offer, making it easier for families to find the child care they need.

“Child care is a workforce issue that directly impacts the efficiency, readiness and retention of the total force,” said Barbara Thompson, director of military community and policy’s office of family policy/children and youth/special needs. “This new website helps bring our child care request system into a new era of technological support, and follows more than 18 months of development and pilot testing. We recognize that military families play a vital role in military readiness and we are committed to providing programs that meet their needs.”

Implementation of the website will follow a phased, zone-approach across the services and is based on three key factors: service branch, geographic locations and time required for installations to transition from the current system to the new website. The site is expected to be fully operational for all service members and DoD civilians by September 2016. A key component of the websites’ full

implementation will be user feedback, which will be used to identify opportunities for improvement. Constant evaluation of the site will be conducted to assess website functionality, transition activities, and training resources available.

The first installations available to use the site, in addition to those that participated in the pilot program, are in California: Naval Air Facility El Centro, Naval Air Weapons Station China Lake, Naval Air Station Lemoore, Naval Support Activity Monterey, Naval Base Ventura County. In Texas: Naval Air Station Joint Readiness Base Fort Worth, Naval Air Station Kingsville, Naval Air Station Corpus Christi. In Washington state: Naval Station Everett, Naval Base Kitsap, Naval Air Station Whidbey Island. Also: Naval Air Station Fallon, Nev.; Naval Air Station Joint Readiness Base New Orleans, La.

Each day approximately 200,000 children, ages six weeks to 12 years, receive full-day care, part-day care, hourly care, part-day preschool, and before and after-school program support provided by the Department of Defense at more than 300 locations worldwide.

For more information about the new website and child care request process, families can go to MilitaryChildCare.com or contact their base installation. Programs can access resources that support the successful transition to and implementation of MilitaryChildCare.com by going to MCCcentral.com





TEAM
BODY BY O

TEAM
BY O

30
IRON GRIP

CALI MUSCLE
The Original