Volunteers move thrift store
Message from Sergeant Major
Covid-19 update
SHARE FACTS ABOUT COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

**FACT 1** Diseases can make anyone sick regardless of their race or ethnicity.

Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk for spreading the virus.

**FACT 2** For most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is thought to be low.

Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more serious complications from COVID-19.

**FACT 3** Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC’s coronavirus disease 2019 web page.

**FACT 4** There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

**FACT 5** You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
- Cough
- Shortness of breath
- Seek medical advice if you develop symptoms
- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

cdc.gov/COVID-19

For more information about COVID-19:

https://www.cdc.gov/
https://www.usa.gov/coronavirus/
http://wp.sbcounty.gov/dph/coronavirus/
https://coronavirus.gov/

**On the Cover:**

Corporal Jose RiveraMartinez, S-6 Communications, prepares to offload clothing and racks from a stakebed truck to the new Navy Marine Corps Relief Society Thrift Store location aboard Marine Corps Logistics Base Barstow, Calif., April 18. RiveraMartinez was one of more than 20 volunteers who assisted with the move.

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**On the web**

Links in this publication are interactive in the online version

Website: http://www.mclbbarstow.marines.mil
http://www.twitter.com/#!/MCLB_Barbostow
MARADMIN 136/20
HQMC SEMPER FIT SEEKS APPLICATIONS FOR 2020 ALL-MARINE MEN’S AND WOMEN’S GOLF TEAM

Headquarters Marine Corps (HQMC) Semper Fit is seeking applications from Marines interested in participating on the 2020 All-Marine Men’s and Women’s Golf Team. The All-Marine Men’s and Women’s Golf Team consist of six men and three women and will be selected by trials held at Fort Belvoir, Va. from 6 – 12 September 2020. The team selected from the trial will compete at the Armed Forces Golf Championship 13 – 17 September 2020 at Fort Belvoir, Va.

Interested Marines must submit an online application to HQMC no later than July 27, 2020. The All-Marine online application system can be accessed from www.usmc-mccs.org/services/fitness/all-marine-sports. Marines must create an account before accessing the application system. Applications must contain command endorsement. For any technical issues with the All-Marine online application system please contact the point of contact.

Golfers must have a handicap of 3 or less for men and 20 or less for women. Applications must include a copy of a valid United States Golf Association handicap card and all competitive results from the past two years to be considered.

To participate, Marines are required to have a valid Government Travel Charge Card, and an active Defense Travel System account.

SECDEF MEMORANDUM DATED 20 APRIL 2020 MODIFICATION AND REISSUANCE OF DOD RESPONSE TO COVID-19

TRAVEL RESTRICTIONS EXTENDED FOR DOD

The Coronavirus Disease 2019 (COVID-19) continues to present significant risk to our forces as the DD considers domestic and overseas personnel travel. These movements present the threat of spreading COVID-19 within our ranks and communities. My priorities remain - protecting our Service members, DoD civilians, and families; safeguarding our national security capabilities; and supporting the whole-of-nation response.

Effective immediately, this memorandum cancels references (a), (b), and (c) and reissues travel restriction guidance for DoD Components that will remain in effect until June 30, 2020.

For further details, see the full memorandum sent out via Widest Dissemination email 20 April 2020.

COVID-19 COMMUNITY DRIVE-THROUGH TESTING EVENTS

In efforts to provide more Novel Coronavirus 2019, COVID-19, testing opportunities for San Bernardino County residents, community drive-through testing events are being held throughout the county. At these drive-through testing events, samples are collected by public health professionals by inserting a nasal swab up the nostril. These samples are then sent to a laboratory for COVID-19 testing. All persons must meet criteria to be tested. Events are free of charge and do not require health insurance.

Additional events and event details will be announced as they are confirmed. Please remember, if you are showing symptoms of COVID-19, you can still call your doctor and they can determine if you need testing.

The next community drive through event, in Barstow, will take place at the following location:

Barstow – Barstow Sports Park
2800 Mayor Katy Pkwy., Barstow
Wednesday, May 6
10 a.m. to 2 p.m.
Appointment only.

Details will be announced as they come available.

Energy Conservation Message

When it is safe to do so again, inflate your tires. It is estimated that 50 to 80 percent of the tires rolling on U.S. roads are underinflated. Driving with tires that are underinflated increases "rolling resistance," wasting up to 5 percent of a car's fuel. We could save up to two billion gallons of gasoline annually simply by properly inflating our tires.
A message from Sergeant Major

Submitted by: Sgt. Maj. Edward Kretschmer
MCLB Barstow base sergeant major

During these times our basic daily routines have been altered to the extent of not even knowing what is going to happen tomorrow. I would like to thank everyone for doing your part to mitigate the spread of Novel Coronavirus COVID-19. The Marine Corps is also going through changes during this time.

One of the changes is the Professional Military Education schedule. Marine Corps PME is a very important part of the process for Marines interested in being promoted. If they do not complete their PME in a timely manner, they simply will not get promoted. The PME schools that Marines attend are currently closed down due to COVID – 19. Marine Corps Administrative Message or MARADMIN 214/20 explains what the Marines Corps is doing to help Marines that need to complete their PME.

The accelerated online Sergeant's School seminars will help sergeants complete their PME. These seminars are usually 15 weeks and with this program the seminars will be cut to approximately 8 weeks. Of course, the seminars will still cover everything that the 15-week course would cover. This means that the seminar will meet twice a week to impart all the information that would be given in a 15-week course.

This is a great opportunity for sergeants who should take advantage of this to complete their Professional Military Education requirements. I highly encourage all sergeants that will be on next year’s board to take advantage of this opportunity.

Another change that will affect the Marines on Barstow is MARADMIN 213/20. The Marine Corps will give the opportunity to Marines that are going to End of Active Service or retire, the opportunity to extend in the Corps. This will give the Marine's that fit into those categories more time to look for employment, go to interviews, and take care of their families. This will give Marines time to effectively and safely transition during this pandemic.

Just a reminder the commissary will open for active duty personal and their families on Tuesdays from 0900 – 0930. This is a great opportunity to get your shopping done in a low-stress environment and ensure that you have access to necessities before anyone else is allowed to enter.

Keep an eye out for upcoming volunteer opportunities which will always be available to you and your families. Your volunteer time helps the base and local community, but you reap rewards from doing volunteer service as well. Volunteer opportunities will be in The Prospector and will also be posted at https://www.mclbarstow.marines.mil and on the Base's official Facebook page @MCLBBarstow.

Semper Fi,
SgtMaj Kretschmer

Official U.S.M.C. photo
Lance Cpl. Noah Avila, data systems administrator, prepares to unload a few items to move into the new location of the Navy Marine Corps Relief Society Thrift Store April 18. Avila and about 20 others volunteered their time to assist with the move.

Marines, fire fighters & families volunteer to move NMCRS Thrift Store

Staff Sergeant Joseph Marckenson, of 1st Force Storage Battalion, looks to move items during the NMCRS Thrift Store relocation, aboard Marine Corps Logistics Base Barstow, Calif., April 18.

Kevin Crandell, firefighter, and Jeff Joyce, firefighter-paramedic with Fire and Emergency Services, volunteer to help move boxes of donations and inventory to the new NMCRS Thrift Store space aboard Marine Corps Logistics Base Barstow, Calif., April 18.

Lance Corporal Paola Verdugo, with S-4 Base Supply, reorganizes evening gowns at the new NMCRS Thrift Store location, during the move aboard Marine Corps Logistics Base Barstow, Calif., April 18. More than 20 volunteers worked together to move boxes of clothing, dishes, household goods, furniture and fixtures from the old location in Warehouse 3, to the new location in east end of building 204, opposite of the Communication Strategy and Operations offices.
Volunteer to move NMCRS Thrift Store

Marine and civilian volunteers move items during the NMCRS Thrift Store relocation, aboard Marine Corps Logistics Base Barstow, Calif., April 18.

Staff Sergeant Joseph Marckenson, of 1st Force Storage Battalion, looks to assist with the NMCRS Thrift Store move in April 18.

Kevin Crandell, firefighter, and Jeff Joyce, firefighter-paramedic with Fire and Emergency Services, volunteer to help move boxes of donations and inventory to the new NMCRS Thrift Store space aboard Marine Corps Logistics Base Barstow, Calif., April 18.

Marines and civilian volunteers move a cabinet inside the new Navy Marine Corps Relief Society Thrift Store building space aboard Marine Corps Logistics Base Barstow, Calif., April 18.

Corporal Jose RiveraMartinez, S-6 Communications, helps move an evening gown-clad mannequin into the new NMCRS Thrift Store location aboard Marine Corps Logistics Base Barstow, Calif., April 18.

Corporal Ana Santiago, inspector clerk with the Command Inspector General’s Office, prepares a boot for display during the NMCRS Thrift Store move in April 18.

Santiago was one of about 20 Marines and civilians who volunteered their time to assist with the relocation.

Corporal Ana Santiago, inspector clerk with the Command Inspector General’s Office, prepares a boot for display during the NMCRS Thrift Store move in April 18. Santiago was one of about 20 Marines and civilians who volunteered their time to assist with the relocation.
MEMORANDUM FOR INSTALLATION COMMANDERS

SUBJECT: Agent Shopping Service

In recognition of the challenges associated with maintaining social distancing in commissaries around the world, the Defense Commissary Agency is offering Installation Commanders the discretionary authority to deploy a volunteer-based Agent Shopping Program to assist authorized patrons. This program will be available while DOD is in HPCON C or D, but may be terminated at HPCON A or B due to Department of Treasury requirements associated with DeCA’s telephonic credit card transaction authorities.

Installation responsibilities include recruiting and providing volunteers that would shop for patrons, providing a dedicated telephone number or command website/email inbox for patrons to call in or electronically submit orders, assigning each patron to a volunteer shopper, completing the shopping transaction, and then arranging for the delivery of purchases by volunteers or the pickup of purchases by patrons.

We have successfully piloted this service and our store management teams stand ready to coordinate deployment with their respective Installation Commands worldwide.

POINT OF CONTACT: Mr. Jay Hudson, Principal Deputy, Store Operations Group, 804-734-8000 extension 48127.

Rogers E. Campbell, SES
Executive Director
Store Operations Group
DECA offers Agent Shopping Program to assist patrons during COVID-19 pandemic.
Annie Claire and Aristeo Reyes, both heavy equipment mechanics, are no strangers to the personal protective equipment required at Production Plant Barstow, Marine Depot Maintenance Command, aboard the Yermo Annex of Marine Corps Logistics Base Barstow, Calif., April 21. Adding a face mask to the mix and staggering a third of the workforce for a week on and two weeks off is all part of COVID-19 safety precautions.

Lawrence Maes, commissary employee, sanitizes shopping carts with disinfectant, before returning them for use by commissary patrons aboard Marine Corps Logistics Base Barstow, Calif., April 21. The Commissary is open an extra half hour in the mornings for military personnel and their families only, ensuring that they can safely get the things they need.

Carol Marquez, Marine Corps Exchange leader, and Rod Lowe, Marine Corps Memorial Golf Course groundskeeper, wear their approved COVID-19 face masks to conduct business at the Marine Corps Exchange aboard Marine Corps Logistics Base Barstow, Calif. April 21. Marquez is particularly diligent about wearing the protective mask because she helps so many customers in a day.

Marine Corps Police Department’s police officers Henry Tojpaz and Jesus Jasso, check the identification of Gunnery Sgt. Osvaldo Zaragoza, 1st Force Storage Battalion, prior to entering the Commissary to ensure he is authorized to use the facility and to make sure that he is using personal protective equipment, such as a face mask, to keep with new Novel Coronavirus 2019, COVID-19, safety guidelines aboard Marine Corps Logistics Base Barstow, Calif. April 21. The new, stricter procedures ensure that everyone who is allowed to exercise commissary privileges can do so safely and efficiently to obtain necessities.
Social Distancing

Social distancing means that you should avoid close contact with healthy people. If you are sick, you can help stop the spread of disease by social distancing. If you are healthy, you can help prevent yourself from getting sick. Social distancing is recommended if Coronavirus Disease 2019 (COVID-19) is spreading in your community. Local news media and your public health department will announce when the disease is spreading locally.

Stay about 6 feet, about two arm lengths, away from other people.

» Avoid hugging and handshakes during this time.

Avoid big crowds when you can.

» Sometimes this won’t be possible.
» If you need to be in a line or a group of people, try to keep about 6 feet of distance from them.

Find ways to maintain important connections with friends and family members even while staying physically apart
Marine Corps Logistics Base Barstow

To preserve the health and welfare of base employees and to help limit the spread of COVID-19, the following are changes to base activities and areas of function.

**Postponed or Closed**

**Postponed:**
- Self-Defense Classes
- Spin Classes
- Spring Festival
- Art For Everyone
- LINKS Coffee Chats
- Wellness Series
- Play Mornings
- Swim Lessons
- Guest Speaker

**Closed:**
- Golf Course
- Pool
- Bowling Alley
- TTT
- SMP/Active Duty Rec Center

**Modified Hours and Services**

**Virtual SAAPM 5K Walk/Run April 13-29:**
- Register at https://barstow5k.eventbrite.com

**Semper Fit Gym:**
- CLOSED except for Combat Room for use by active duty, fire and police only.

**Library**
- Open 0800-1100

**Route 66 Cafe:**
- Grab n’ Go orders only. Call orders in ahead 577-6428.

**Entrance Gates:**
- Gate guards will not handle your CAC when entering base, but should still scan it

**Pass & ID 236**
- Appointment only

**Commissary**
- Open every Tuesday 0900-0930 for active duty and spouses only
- Open Tues - Sat 0930-1800 for everyone else eligible. IDs will be verified.

**Behavioral Health**
- Telehealth - Call for support 577-6533

For additional information about the base go to: https://www.mclbbarstow.marines.mil

For a complete list of MCCS hours and services impacted go to: http://mccsbarstow.com/Impact/