MCLB Barstow and historic Route 66
Prevent teen dating violence
African American History Month
The editorial content of this magazine is prepared, edited and provided by the Communication Strategy and Operations Office of Marine Corps Logistics Base Barstow, California. The new logo was designed by Environmental Director Jason Thompson and was approved by Headquarters Marine Corps’ Licensing and Trademark Office in the District of Columbia. The 1.7 mile stretch of Route 66 is the only part of the historic road not open to the general public.

Marine Corps Logistics Base Barstow, California
Colonel Craig C. Clemans, commanding officer
Sgt. Maj. Edward C. Kretschmer, base sergeant major

Communication Strategy and Operations Office
CommStrat Officer: Rob L. Jackson
CommStrat Planner: Vacant
CommStrat Chief: Laurie Pearson
Editorial Assistant: Vacant
Visual Information Chief: Jack Adamyk
Graphic Specialist: Anthony Plummer

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Cover photo by: Laurie Pearson

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GOING LONG?
As you get ready to enjoy the long weekend ahead, don’t forget to unplug and give your non-essential electronics a break too!

Contents

From the Bunker: SgtMaj shares insights 4
MCLBB and Route 66 7
African American/Black History Month 5&8
Keep kids smiling during pandemic 11
Presidents' Day 6
MCCS Updates 10
Being stationed here at Barstow gives us the opportunity to better ourselves. We can do this by improving our physical fitness, going to college, or becoming a master at our job. Each Marine should and needs to take advantage of this opportunity. There will come a time that we will all receive orders and go to another duty station or get out of the Marine Corps. We have to be prepared for the changes that will await us at a new duty station or our new chapter in life. Regardless what your rank is all Marines should be prepared for anything that might come their way. As Marines we should always be prepared for everything the Marine Corps has in store for our future.

We need to always be prepared either in the Marine Corps or out of the Marine Corps. Being stationed in Barstow gives us that time to get prepared. I highly encourage all Marines to go to school and build your resume or learn a skill. We will all hang up the uniform in the near future and having a plan or a degree will benefit you and your family. Marines that are going to stay in the Marine Corps should complete all the Professional Military Education that they can, a lot of the PME courses are online, which makes it easy to complete.

The Marines that will stay in the Corps should also prepare themselves to go on deployments and prepare their families for the long hours and training that they will endure. When deployed your thought process changes and you need start mentally and physically preparing yourselves. You will understand how important it is to work as a team. Working as a team can accomplish any mission. Communication is the key, do not be the one with a secret.

By being stationed here we can all take advantage of all the opportunities that are available to us. There is no reason for a Marine to leave here without padding their resume regardless if you are staying in or getting out.

Semper Fi

SgtMaj Kretschmer
2021 Portrait of Black / African American DoD Government Civilians

Air Force Civilian 21,461
Almost 13 out of every 100 Air Force civilians are Black / African American

Army Civilian 40,249
16 out of every 100 Army civilians are Black / African American

Marine Corps Civilian 3,403
More than 18 out of every 100 Marine Corps civilians are Black / African American

Navy Civilian 26,279
13 out of every 100 Navy civilians are Black / African American

DoD Agencies & Activities 24,502
Almost 22 out of every 100 DoD Agencies & Activities Civilians are Black / African American

Togo D. West served as both Secretary of the Army (1993 - 1998) and Secretary of Veterans Affairs (1998 - 2000).
Essye Miller served as the Defense Department's first Black / African American female principal deputy Chief Information Officer.
Retired Army General Lloyd J. Austin III became the 28th Secretary of Defense in January 2021, serving as the first Black / African American person to hold the position.

55.8% The percent of Black / African American DoD civilians who are military veterans.
6.3% The percent of SES positions held by Black / African American civilians in Fiscal Year 2020.

Top 10 GS-1 to GS-14 Civilian Career Fields

<table>
<thead>
<tr>
<th>Career Field</th>
<th>Male</th>
<th>Female</th>
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<td>General Administrative, Clerical &amp; Office Services</td>
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<td>Business &amp; Industry</td>
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<td>Misc. Occupations</td>
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Top 10 GS-15 / SES Civilian Career Fields

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<td>Inspection, Investigation, Enforcement &amp; Compliance</td>
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<td>Mathematical Science</td>
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</table>

Department of Defense Office for Diversity, Equity, and Inclusion
Fiscal Year 2020 DoD Civilian Data Source: Defense Civilian Personnel Data System
President's Day: History and perspective

Compiled by: Laurie Pearson
COMMSTRAT Chief

Presidents’ Day is a federal holiday celebrated on the third Monday in February and will take place on Monday, February 15, throughout the country.

The origin of Presidents’ Day lies in the 1880s, when the birthday of Washington, commander of the Continental Army during the American Revolution and the first president of the United States, was first celebrated as a federal holiday. However, the story of Presidents’ Day actually begins in 1800.

Following the death of George Washington in 1799, his February 22 birthday became a perennial day of remembrance. At the time, Washington was venerated as the most important figure in American history, and events like the 1832 centennial of his birth and the start of construction of the Washington Monument in 1848 were cause for national celebration.

While Washington's Birthday was an unofficial observance for most of the 1800s, it was not until the late 1870s that it became a federal holiday. Senator Stephen Wallace Dorsey of Arkansas was the first to propose the measure, and in 1879 President Rutherford B. Hayes signed it into law. The holiday initially only applied to the District of Columbia, but in 1885 it was expanded to the whole country. At the time, Washington's Birthday joined four other nationally recognized federal bank holidays: Christmas Day, New Year's Day, the Fourth of July and Thanksgiving. It was also the first date to celebrate the life of an individual American. Martin Luther King Jr. Day, signed into law in 1983, was the second.

While several states still have individual holidays honoring the birthdays of Washington, Abraham Lincoln and other figures, Presidents’ Day is now popularly viewed as a day to celebrate all U.S. presidents, past and present.

The shift from Washington's Birthday to Presidents’ Day began in the late 1960s, when Congress proposed a measure known as the Uniform Monday Holiday Act. Championed by Senator Robert McClory of Illinois, this law sought to shift the celebration of several federal holidays from specific dates to a series of predetermined Mondays.

The proposed change was seen by many as a novel way to create more three-day weekends for the nation's workers, and it was believed that ensuring holidays always fell on the same weekday would reduce employee absenteeism. While some argued that shifting holidays from their original dates would cheapen their meaning, the bill also had widespread support from both the private sector and labor unions and was seen as a surefire way to bolster retail sales.

The Uniform Monday Holiday Act also included a provision to combine the celebration of Washington's birthday with that of Abraham Lincoln, which fell on February 12. Lincoln's Birthday had long been a state holiday in places like Illinois, and many supported joining the two days as a way of giving equal recognition to two of America's most famous statesmen. The Uniform Monday Holiday Act was approved by Congress in 1968 and Washington's Birthday was moved to the third Monday in February to honor the birthdays of both Washington (February 22) and Lincoln (February 12). However, the debate continued for a few more years. After the bill went into effect in 1971, however, Presidents’ Day became the commonly accepted name, and eventually came to celebrate all presidents. The name, however, was never officially changed.

While it may seem like the entire nation observes “Presidents’ Day,” Virginia, Illinois, Iowa, and New York specifically recognize the third Monday in February as “Washington's Birthday” or “George Washington Day.” Some states, such as Virginia, celebrate Washington's Birthday the entire month of February. In the city of Laredo, Texas, an annual Washington Birthday Celebration that began in 1898 lasts the entire month!

Information for this article was compiled, in part, from the following sources:

https://www.history.com/topics/holidays/president's-day

https://www.britannica.com/topic/Presidents-Day

https://www.mountvernon.org/george-washington/facts/the-truth-about-presidents-day
As part of the course of America's history, the War Department, now renamed the Department of the Defense, needed improved highways for rapid mobilization during wartime and to promote national defense during peacetime. At the start of American involvement in World War II, the War Department singled out the West as ideal for military training bases, in part because of its geographic isolation, and especially because it offered consistently dry weather for air and field maneuvers.

Completion of the improved highway, U.S. Highway 66 (U.S. Route 66) with all-weather capability, on the eve of World War II, was particularly significant to the nation's war effort. In 1942, Marine Corps Logistics Base Barstow started construction alongside U.S. Route 66. Critical troops, equipment and supplies were transported on U.S. Route 66 to military bases across the country thereby helping to facilitate the single greatest wartime troop mobilization in the history of the nation.

Not only did U.S. Route 66 support World War II, but it is one of the oldest and most popular roads in America known as “The Mother Road.” Traveling this route reduced the travel distance between Chicago and Los Angeles by more than 200 miles compared to other routes. Because of the American history and significance of U.S. Route 66, it “has become a symbol of the American people's heritage of travel and their legacy of seeking a better life” and registered under the National Register of Historic Places as a cultural resource.

A 1.71-mile long segment of the original U.S. Route 66, named on base as Joseph L. Boll Avenue, runs right through MCLB Barstow. This segment was open to public until 1964 when the I-40 was constructed. Base leadership, employees and residents take pride in the fact that MCLB Barstow is the only military installation with an original segment of U.S. Route 66 running directly through it and that this segment has been determined eligible to register under the NRHP.

To better exhibit and highlight this honor and to recognize the achievements of all who sacrificed for the freedom and prosperity of the United States of America, MCLB Barstow, driven by the Cultural Resources Program under the Environmental Division has initiated a Route 66 Project in order to bring awareness to the installation's environmental history.

As the current Environmental Director, to be able to design a new Marine Corps Eagle, Globe, and Anchor logo integrated with the Route 66 shield is an honor. To modify the EGA, there is an approval process which the base had to go through, submitting the final edition to Headquarters Marine Corps. Once they approved the new logo, we were able to move forward with a new program.

Under the Cultural Resources (Environmental) program for the base, Route 66 is a National Historic Highway registered as a National Landmark managed by the United States Department of the Interior, National Park Service. It is up to each state to determine how best to manage those historical segments of U.S. Route 66. Since we have 1.7 miles of the original Route 66 going through the Base, its falls under the Environmental Division, Cultural Resources program to manage and maintain registered historical landmarks and those eligible to be a historical landmarks on our installation.

For this new project, the base is officially dedicating Joseph L. Boll Avenue as a segment of U.S. Route 66. We have worked with HQMC in establishing a formal project that will pay

Contractor Mock-up of Sculpture to go on the corner of Joseph L. Boll Ave and Wake Ave.

New EGA with Route 66 approved by HQMC Licensing and Trademark office.
Since proclaimed by Public Law 99-244 in 1986, February is observed as “National African American History Month.” During this month, we take the opportunity to honor all African Americans and to acknowledge their ongoing contributions to the success and development of our Nation. The 2021 observance theme is: “The Black Family: Representation, Identity, and Diversity.”

Major General J. Gary Cooper (b.1936) was born to a successful, service-minded American family in Mobile, Alabama. A 1958 graduate of Notre Dame with a Bachelor of Science Degree in Finance, Cooper joined the Marine Corps and became an infantry officer. Already noted as the first African American Marine officer to command a detachment aboard a naval ship, in 1966, Captain Cooper was poised to serve as the Marine Corps’ only black infantry officer in Vietnam when he was assigned as a supply officer. Determined to command a rifle company in First Marine Division, the young officer took the risk to request mast. Subsequently, Cooper became the first African American to take command of a Marine Corps rifle company. Completing his active duty service in 1970, he pursued his family’s business while maintaining his reserve commission. In 1973, he was elected to the Alabama legislature and later became Commissioner of the Alabama State Department of Human Resources. After a few years of executive corporate experience, Cooper returned to active duty in 1988, when he was promoted to Major General to serve as Director of Personnel at Headquarters Marine Corps. Upon his Marine Corps retirement in 1989, he was nominated by President George H. W. Bush to Assistant Secretary of the Air Force (Manpower and Reserve Affairs) where he contributed to the planning of the Gulf War. In 1994, President Bill Clinton put him forward as the first African American to serve as the U.S. Ambassador to Jamaica.

On 10 November 1945, Frederick C. Branch (1922-2005) was commissioned a second lieutenant in the Marine Corps Reserve after serving in WWII as one of the more than 20,000 Montford Point Marines. Upon his commissioning, 2ndLt Branch received the distinction as the first African American commissioned officer in the Marine Corps. Today, the Marine Corps offers the Frederick C. Branch Leadership Scholarship in his honor. This Naval Reserve Officer Training Corps (NROTC) scholarship is awarded to selected midshipmen attending one of the 17 Historical Black Colleges and Universities (HBCUs) that host NROTC on their campuses. Sixty-eight scholarships are offered each year.

homage to Route 66 and honor the base’s legacy for contributions during war efforts. For this project, MCLB Barstow has initiated the placing of “Historic Route 66” signs along Joseph L. Boll Avenue and has started placing Route 66 stencils on the road, similar to what you see in the town of Barstow and beyond.

The final build of the project is projected to be completed by the end of May, 2021. This will consists of a 3D Route 66/EGA monument placed at the corner of Joseph L. Boll Ave. and Wake Ave.

Additionally, two Marquees with information kiosks will be placed at the front and back gates for guests and visitors (some who will not be able to access the base) to read and view details of the history of how Route 66 supported the installations war efforts. The front gate will also house a bronze plaque denoting additional historically significant details.

Contractor Mock-up of Front Gate MCLB Barstow/Route 66 Marker.

Contractor Mock-up of 2x4 Ft Bronze Plaque to be placed at Front Gate.

MEMORANDUM FOR CHIEF OF NAVAL OPERATIONS
COMMANDANT OF THE MARINE CORPS
UNDER SECRETARY OF THE NAVY (PPRY)
ASSISTANT SECRETARY OF THE NAVY (RESEARCH, DEVELOPMENT AND ACQUISITION)
ASSISTANT SECRETARY OF THE NAVY (FINANCIAL MANAGEMENT AND COMPTROLLER)
ASSISTANT SECRETARY OF THE NAVY (MANPOWER AND RESERVE AFFAIRS)
ASSISTANT SECRETARY OF THE NAVY (ENERGY, INSTALLATIONS AND ENVIRONMENT)
GENERAL COUNSEL OF THE NAVY

SUBJECT: Use of Masks and Other Public Health Measures


On February 4, 2021, the Secretary of Defense issued the reference memorandum to provide updated information on the use of face coverings and masks, social distancing, and full compliance with health guidance provided by the Centers for Disease Control and Prevention (CDC). I expect this guidance to be implemented across the Department of the Navy, immediately. Of particular note, all individuals on military installations must wear masks continually in accordance with CDC guidelines, except where noted within the reference document.

Consistent with the reference memorandum, for areas outside of the Pentagon Reservation, I am granting you the authority for categorical or case-by-case exceptions to the requirements for mask wearing for all situations outside of office settings when temporary unmasking is necessary for mission requirements. This authority may be further delegated, in writing, to officials at a level no lower than a general/flag officer in the grade of O-7, Senior Executive Service member (or equivalent), or, for installations that do not have officials at these levels, O-6 installation commanders. All exceptions granted on a categorical or case-by-case basis must be in writing, tracked and maintained by the authority that granted the exception.

Thomas W. Beard
Acting
Fort Lee, Va. – Registration is open for members of the military community to participate in the Procter & Gamble Military ProCamps Virtual Kick-off event Feb. 16, 1-3 p.m.

Green Bay Packers running back Aaron Jones and Washington Football Team defensive tackle Jonathan Allen will be hosting the event. The first 200 registrants will receive a digitally signed photo from the athletes.

Participants can register for the kick-off event by going to www.procamps.com/pgmilitaryprocamps. Everyone who registers will be able to submit a question to ask the athletes and will also be entered into the event raffle. All instructions and a link to the event will be emailed out to those who register a few days before the virtual event.

Defense Commissary Agency (DeCA) employees do not have to register to view the event. Instead, with prior supervisor approval, they can view it on Facebook Live (www.facebook.com/G3mktg).

The Feb. 16 event is the official kickoff of the annual P&G-sponsored NFL ProCamps program for thousands of military children worldwide. P&G is partnering with DeCA, the Army and Air Force Exchange, the Navy Exchange Service Command, the Marine Corps Exchange and the Coast Guard Exchange to host the virtual event.

“This is the ninth year of the ProCamps program and to date we have hosted over 90 football camps for military kids all over the world,” said Molly Fanning, vice president of Partnership Marketing. “We really want to continue to emphasize that this event is possible because of the support of the commissary and the exchange. They are truly the ones who are helping to bring the camp experience to installations around the world.”

Both NFL hosts for the Feb. 16 kick-off event have close military ties. Jones’ parents were both in the military: His father retired as an Army command sergeant major and his mother retired as a sergeant major. Allen’s father retired as an Army sergeant first class and his brother currently serves as an Army staff sergeant.

Ordinarily, P&G military resale organizations partner to sponsor two-day football camps for winning military bases worldwide. Installations qualify for a camp based on sales of designated P&G products at their local commissaries and exchanges, and customers can have their say by voting through mobile texting from Feb. 26 to April 11. Customers will also see mass product displays in participating stores.

Last year’s in-person camps became virtual events in response to the COVID-19 pandemic. This year, the status of the in-person ProCamps is still to-be-determined based upon COVID.

“We are hoping to be able to do in person camps, but if on base activities and large gatherings are still not allowed we will be doing virtual events again like last summer,” Fanning said.

-DeCA-

For more information, visit www.commissaries.com

FACEBOOK: www.facebook.com/YourCommissary, DeCA’s Facebook page, where you can post comments and share news, photos and videos.

YOUTUBE: To see DeCA’s latest videos, visit www.youtube.com/DefenseCommissary.

TWITTER: To see DeCA’s latest “tweets,” visit www.twitter.com/YourCommissary.

PINTEREST: To see DeCA’s theme-based image collections, visit http://www.pinterest.com/YourCommissary.

FLICKR: To see DeCA’s latest photographs, visit http://www.flickr.com/photos/commissary/.

INSTAGRAM: To see DeCA’s latest photographs, visit https://www.instagram.com/YourCommissary/.
Keep Kids Smiling Amid COVID-19

Submit by: Dr. Richard Gesker
Chief Dental Officer
UnitedHealthcare

COVID-19 has disrupted multiple aspects of daily life, including how people access dental care. That's in part because many dental offices closed during the early part of the pandemic, and some people have stayed away since. In fact, dental care spending in the United States declined by an estimated 38% in 2020, with an additional 20% slump expected this year, according to the American Dental Association (ADA).[1]

As a result, fewer people may be accessing routine dental care that may help prevent oral pain and untreated disease. Maintaining proper dental care is especially important for children, given that by age 5 nearly 50% have at least one cavity. Plus, it's important to keep baby teeth healthy and in place to help permanent teeth come in properly.

February is National Children's Dental Health Month, a reminder for people of all ages that good oral health is important to good overall health.

Here are five tips to consider:

- **Start Early.** Good oral health habits should start early. While tooth decay is largely preventable, it unfortunately ranks as the most common chronic disease among children. Recommended dental health guidelines for babies and children include:
  - **During infancy,** clean the baby's gums with water and a cloth or child-sized toothbrush.
  - **Once a child reaches age 2,** parents can start brushing a baby's teeth with a soft bristled toothbrush and a smear-sized dab of fluoride toothpaste (no larger than a grain of rice), making sure to teach the toddler to spit out the toothpaste.
  - **Begin flossing when back teeth start to come in.** Toothbrush bristles cannot reach between teeth, leaving those teeth vulnerable to bacteria and decay.
  - **Never put a baby to bed with a bottle of milk, formula, fruit juice or sweetened liquid,** as these liquids can form a sugary film on the baby's teeth and lead to infection.

**Up Your Home Hygiene.**

Maintaining proper oral health at home is important year-round, but especially if COVID-19 (or other circumstances) requires delaying a trip to the dentist. Recommended dental health guidelines for adults and children include:

- **Brush your teeth (and tongue) for up to two minutes, after meals and before bedtime,** using a soft-bristled toothbrush.
- **Rinse for 30 seconds with a mouthwash,** which may help kill bacteria and clean parts of the mouth brushing might miss.
- **Floss daily and consider using a water flosser.**
- **Stay hydrated to help support overall well-being and avoid issues with dry mouth,** while limiting sugary snacks and drinks.

**Keep Up on Cleanings:**

For children and adults, the ADA recommends that during the COVID-19 pandemic people continue routine oral health care, including dental checkups, cleanings and preventive care. However, the World Health Organization (WHO) recommends that nonemergency dental services be avoided in places where “intense, uncontrolled community transmission” of COVID-19 is occurring. Check local infection rates at websites such as covidactnow.org to evaluate the current situation in your state, city and county. In general, the WHO recommends the test positivity rate (or out of all the tests conducted, the number that come back positive for COVID-19) be under 5 percent before opening non-essential businesses.

**Consider Alternative Treatments:**

To help with prevention, parents should consider fluoride supplements for children, which may strengthen tooth enamel and help protect it from decay. Sealants are another option, as these plastic coatings are placed on back teeth to help protect them from decay. They are sometimes covered as a preventive service by dental plans, so ask the dentist about sealants when your child's molars first come in. As an alternative to filling cavities, the use of silver diamine fluoride has emerged as an option to help stop cavities from worsening, especially among children and older adults with a history of tooth decay. For children with a significant number of cavities, silver diamine fluoride may be an option your dentist discusses with you.

**Tap into Tele-dentistry:**

Virtual care has become an important option for accessing health care amid COVID-19, including for dentistry. Some dentists and dental plans are making available telephone and video consultations, which offer people a starting point for advice and guidance to help select (if needed) an appropriate setting for in-person care. Dental care ranks among the most frequently avoidable emergency room visits,[2] with tele-dentistry providing a resource that may help people make more informed decisions about where to go for in-person care, such as their own dentist, another available local dentist or a primary care physician*.

By considering these tips, you may help maintain or improve your own dental well-being, while also enabling young people to develop good oral health habits.

*Not all dental services are eligible for tele-dentistry.
MARINE CORPS LOGISTICS BASE BARSTOW

To preserve the health and welfare of base employees and to help limit the spread of COVID-19, the following are changes to base activities and areas of

Postponed or closed
• Self defense
• Spin
• Pass & ID Nebo 101
• Pass & ID Yermo 406
• Swim lessons
• Play mornings
• Wellness series

MFP Virtual Events
For a list of MFP virtual events, dates, times and links, contact Beth Simpson, MFP coordinator, 760-577+6675, or visit https://www.facebook.com/MCFTBBarstow/

Modified hours and services

Leatherneck Lanes Bowling Center & kitchen open w/modifications:
• Call 760-577-6264 for hours, reservations (recommended) and to place a food order.

Marine Memorial Golf Course open w/modifications:
• Call for details 760-577-6431

Semper Fit Gym:
• Unmanned hours for all permanently assigned DOD employees on base begin Sept. 16. Call 760-677-6812 to make an appointment to register your CAC ahead of time.
• Combat room CLOSED.

SMP/Rec. Center:
• Single Marines only, no guests - Mon. - Fri. 11 a.m. - 1 p.m. and 3 p.m. - 7:30 p.m.
• Closed Thursday nights, as well as Sat. & Sun. during COVID restrictions.

Oasis Pool and Water Park: CLOSED FOR THE SEASON

Route 66 Cafe:
• Open for dine-in and take out. Can also call orders in ahead at 760-577-6428.

Commissary:
• Open every Tues. 9 - 9:30 a.m. for active duty and spouses only.
• Open Tues. - Fri. 9:30 a.m. - 6 p.m. and Sat. 8:30 a.m. - 5 p.m.
• NOTE: IDs are mandatory and will be verified.

Base Library:
• Open Mon. - Fri. 8 - 11 a.m. Starting Feb. 16, hours will change to Mon. - Fri. 7:30 a.m. - 4 p.m.

Personal & Professional Development:
• Available via Telework

Behavioral Health:
• Telehealth services available
• To set an appointment, call 760-577-6533

Auto Skills Shop:
• Open every other weekend, Sat. 8 a.m. - 5 p.m. and Sun. 10 a.m. - 6 p.m.
• Call Bruce for further information, 760-577-6260, 760-267-1075

ITT:
• Open Mon. and Thurs. 11 a.m. - 1 p.m.

Pass & ID 236:
• Appointment only, 760-577-6969

Thrift Store:
• Open Tuesdays and Thursdays 9:30 a.m. - 12:30 p.m. and the first Saturday of each month 1 - 4 p.m.
• Closed November 24 and 26 for Thanksgiving holiday.

For additional information about the base, go to https://mclbbarstow.marines.mil
For a complete list of MCCS hours and services impacted by COVID-19, go to http://mccsbarstow.com/Impact/